



The Intuitive Eating Center of Ohio

CHECKING INSURANCE BENEFITS FOR NUTRITION THERAPY

We recommend all clients verify benefits and understand their individual policy. Clients are financially responsible for any denied claims.

The Intuitive Eating Center of Ohio only accepts Aetna, Cigna, Medical Mutual, United Healthcare and CareSource insurance at this time.

Call the member services phone number on the back of your card and ask:

1. Is The Intuitive Eating Center of Ohio in network with my insurance plan? (Group NPI: 1013531953)
2. Does my plan cover outpatient medical nutrition therapy? (Use billing/CPT codes: 97802 and 97803. If you have Cigna and will have in-office sessions also ask about 99404.)
 - a. Does my plan only cover visits that are “medically necessary” (ie. eating disorder) or do they also cover preventative services (ie. diabetes, hypertension, hyperlipidemia, or family history of these conditions)?
 - b. Is there a limit to the amount of sessions I am allowed?
3. Do I need a physician referral for Nutrition Therapy?
4. Do nutrition sessions apply towards my deductible?
 - a. If yes, how much is my deductible?
 - b. If yes, how much of the deductible have I met?
 - c. If yes, when does my deductible reset?
 - d. If yes, do I have a coinsurance once my deductible is met? (This answer is likely given in a percentage. Please ask your dietitian for an estimate based on contracted insurance rates.)
5. Do I have a copay for outpatient nutrition therapy?
 - a. If yes, how much is it?
6. Record the representative’s name and a reference # when checking your benefits. This information will be necessary if you ever need to dispute a rejected claim.

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